

We would like to extend a big "thank you" to all of the counselors & career center staff, presenters, college/career reps, administrators, and community members who have volunteered their time and energy to host tonight's event!

## JHS Counseling & Career Center Staff:

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#### Important dates to remember:

- October 1, 2019 = FAFSA available to be completed
- November 25, 2019 = ASVAB (offered via the Career Center)
- February 1, 2020 = FAFSA completion deadline for College Bound Scholar students

May 29, 2019 = Senior Awards Night, 7 PM

Event sponsored by the Everett Public Schools Foundationwww.epsfoundation.org

## **High School Level Program**



# High School and Beyond Family Night 2019

Brought to you by the Counseling Staff at Henry M. Jackson High School







# Welcomes you!!

# Schedule for

# High School Families:

- 5:30—6:30 pm = College & Career Fair, JHS Gym
- 6:40-7:30 pm = Breakout Session A
- 7:35—8:25 pm = Breakout Session B

High School Family Breakout Sessions are held in

upstairs classrooms, Commons & Library

Please complete and turn in a survey after each breakout session. Your feedback helps us to provide an effective H. S. & Beyond program.

# Post High School Planning Websites:

**Apprenticeships:** www.lni.wa.gov/tradeslicensing/apprenticeship/programs Career Search: Students...use Naviance, www.myfuture.com **College Searches:** Students... use Naviance! www.questbridge.org, www.sbctc.edu www.everettsd.org/Page/14180, http://nces.ed.gov/collegenavigator College Testing (ACT, SAT, PSAT, ASVAB, TOEFL, etc): **ACT:** www.act.org College Board (SAT, AP, etc.): www.collegeboard.org http://www.everettsd.org/Page/15407 Gap Year Fairs: www.usagapyearfairs.org/ Military: www.military.com NCAA Clearinghouse: www.ncaa.org/student-athletes/future Scholarships: Students... use Naviance! www.theWashBoard.org, www.everettsd.org/Page/15325 **Other Important Numbers: CARE Crisis Line:** 1(800)584-3578 Community Info Line/North Sound: 2-1-1

Report Child Abuse and Adult Abuse: 1-866-ENDHARM

# High School Resource Websites:

Athletics: www.everettsd.org/Page/199

AVID: www.avid.org

Career & Technical Education: www.everettsd.org/Page/5958

Challenging Options: www.everettsd.org/Page/5961

College Bound Scholarship: www.wsac.wa.gov/college-bound

Food & Nutrition: www.everettsd.org/Page/4827

**High School & Beyond Plan & Naviance:** www.everettsd.org/domain/1464

#### H.S. Graduation requirements Policies:

http://docushare.everett.k12.wa.us/docushare/dsweb/Get/ Document-412/2410%20High%20School%20Graduation% 20Requirements.pdf

#### **H.S. Graduation requirements Procedures:**

http://docushare.everett.k12.wa.us/docushare/dsweb/Get/ Document-65234/2410P%20IR%20High%20School% 20Graduation%20Requirements.pdf

IEP & 504 Resources: www.everettsd.org/Page/9395

Income Eligible Support: www.everettsd.org/Page/9396

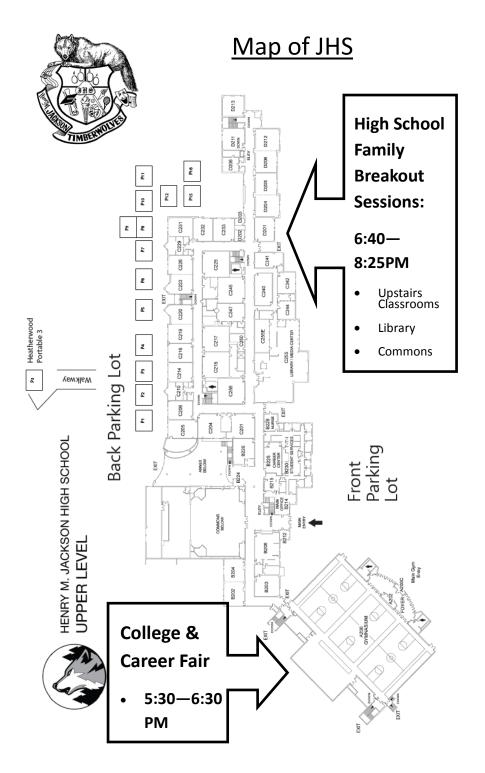
Running Start: www.everettsd.org/Page/9405

State Testing:

www.k12.wa.us/assessment/StateTesting/default.aspx

Study Assistance: www.everettsd.org/Page/13883

Transcripts: http://www.everettsd.org/Page/9411



## **College & Career Fair Booths**

#### High School Family Fair Hours: 5:30–6:30 PM

Aerospace Joint Apprenticeship Committee (AJAC)

ANEW Pre-Apprenticeship Training

Bellingham Technical College

California Polytechnic State University, San Luis Obispo

Cascadia College

**Central Washington University** 

City of Everett

City of Everett - Police Department / Fire Department

Career & Technical Education

DigiPen Institute of Technology

Eastern Washington University

Edmonds Community College

**Everett Community College - AMTEC** 

**Everett Community College** 

Everett Public School CTE Department

**Everett Public Schools Foundation** 

Fashion Institute of Design & Merchandising (FIDM)

Future Business Leaders of America (FBLA)

Goodwill Youth Aerospace Program

Grand Canyon University

Graphic Design

Habitat for Humanity of Snohomish County

Job Corps

Johnson & Wales University

Lake Washington Institute of Technology

Mental Health Resources

Naval Junior Reserve Officer Training Corps (NJROTC)

# **High School Family Breakout Sessions**

Running StartRoom: Library • Session: AHow can a person be in high school and college at the same time? Learn how<br/>you can have community college class tuition paid for during grades 11 & 12.<br/>Suggested audience: Grades 10 & 11<br/>Presenters: Kris Panton, Cascadia, runningstart@cascadia.edu,<br/>Arantxa Gallegos, EvCC runningstart@everettcc.edu,<br/>Rob Wilkinshaw, EdCC, runningstart@edcc.edu

#### Sr. Family Session:

Room: Commons 
Session: B

My kid is graduating & applying to college, what do we do next?

Applications, Scholarships, Financial Aid, Naviance. Tracking all of the senior year "to-do's" can seem endless! This session will cover the basic "ins & outs" of getting through senior year while applying to college.

Suggested audience: Grade 12 Presenters: Sarah Williams, JHS Counselor, & Sarah Pewitt, EPS High School & Beyond Facilitator

#### Scholarships & Paying for College Room: Commons • Session: A

Learn how to access scholarships for post-high school options, explore ways to pay for college, etc.

Suggested audience: Grades 10, 11 & 12 Presenter: Sara Burdick, JHS Counselor

#### Time Management, Study Skills & Ro Organizational Skills for Students of All Ages

Room: C256 • Session: A

Learn practical applications to use your time more effectively, improve study techniques, and deal with the increasing need to be organized that comes with being in high school!

Suggested audience: Grades 9, 10, 11 & 12 Presenter: Beth Burns, JHS Teacher, eburns@everettsd.org



## High School Family Breakout Sessions

#### Navigating next steps for Students with Disabilities

Room: C247 • Session: A

Does your student have a 504 plan or an IEP? Learn about options and opportunities for students across the disability spectrum, through Everett Public Schools, state agencies and support available in college.

Suggested audience: Grades 9, 10, 11 & 12 Presenter: Jacqueline Wilkins, DVR, wilkij@dshs.wa.gov

#### Navigating next steps for Students After Room: C245 • Session: A High School in Life Skills, Extended Resource Room & Strive

If you have questions about how to start preparing for your child's life after high school, make sure you drop by to discuss important age 18-21 transition details. You will learn about resources available for families and students. important timelines, navigating systems, and services.

Suggested audience: Grades 9, 10, 11 & 12 Presenter: Katie Senouillet, JHS Teacher

#### NCAA Athletic Eligibility

Room: D211 • Session: A

This session will focus on NCAA qualifications and eligibility requirements to play college sports. Shelby will be available to answer further questions during Session B.

Suggested audience: Grades 9, 10, 11 & 12 Presenter: Shelby Stueve, SPU Assistant Athletics Director Compliance & Student Success, stueves@spu.edu

ORCA: Ocean Research College Academy Room: C256 • Session: B Learn about the recently expanded innovative ORCA program where 85% of the students in this early college program complete their associate of arts and science (AAS) degree in two years while still in HS! ORCA is the only program in the nation providing experiential, field-based research for Running Start students.

Suggested audience: Grades 9, 10 & 11 Presenter: Ardi Kveven, EvCC/ORCA Executive Director, akveven@everettcc.edu

## **College & Career Fair Booths**

#### High School Family Fair Hours: 5:30-6:30 PM

**NOAA** Fisheries Northwest College of Art & Design Northwest University Ocean Research College Academy (ORCA) Pacific Northwest College of Art Physical therapist assistant / yoga instructor Saint Martin's University Seattle Pacific University Shoreline Community College Skagit Valley College Sno-Isle TECH Skills Center United States Air Force United States Army United States Marine Corps United States Navy University of Arizona University of Idaho University of Montana University of New Mexico University of Portland University of Washington - Bothell University of Washington - Seattle US Census Bureau Washington State University - Everett Washington Technology University Western Washington University Whittier College

... and more!!

# High School Family Breakout Sessions

**2020 & Beyond:** (Special KEYNOTE Speaker) Room: Library ● Session: B Preparing for the Future in the Digital Age

How do you help your student navigate the digital age safely, and at the same time leverage this useful tool in your student's pursuit of their post secondary planning? This special interactive & engaging keynote speaker will beautifully connect students and parents to strategies that support a healthy use of digital tools.

Suggested audience: Grades 9, 10, 11 & 12

Presenter: Jeff Utecht, Teacher, Bill & Melinda Gates Grant Recipient, Technology Start-up Consultant, & Bestselling Author

**2-Year Community & Technical Colleges** Room: D201 ● Session: **B** Are you interested in attending a community or technical college? This is the session to attend. Learn about applying, the strong programs offered, and more.

Suggested audience: Grades 10, 11 & 12

Presenter: Michelle Platt, EdCC Outreach and Recruitment Manager, michelle.platt@email.edcc.edu

# **4-Year Colleges: Finding the Best** Room: D206/212 ● Sessions: A & B College for You

With thousands of colleges/universities to choose from, how do you select those that are a perfect match for you? This program is a great starting point for high school students and their parents, to help them navigate the college admissions process successfully, learning how to identify colleges that match their talents and interests, and find their best college fit(s) academically, socially and financially.

Suggested audience: Grades 9, 10, 11 & 12

Presenters: Erin Waldschmidt, UW Seattle, & Ben Siegel, UW-Bothell Admissions Advisors

#### AVID

Rooms: C205 • Session: A

Is your child signed up for AVID? Now what? Learn about the opportunities that come with AVID (such as upcoming field trips), as well as the expectations and responsibilities. AVID teachers, counselors and current AVID students will be presenting and available for questions.

Suggested audience: Grades 9, 10, 11 & 12

Presenters: Gail Walters, Rose Smith, & Kyle Mitchell, JHS Teachers

# **High School Family Breakout Sessions**

Earn College Credits in High School! Room: D201 • Session: A Learn how to make the most of JHS's Advanced Placement, College in the H. S. & CTE Dual Credit classes to earn college credits while taking H.S. courses. Suggested audience: Grades 9, 10 & 11 Presenters: Bill Trueit, JHS Teachers, Karen Landry, EvCC Director of College in the HS, collegeinHS@everettcc.edu & Leigh Christianson, EvCC CTE Dual Credit, Ichristianson@everettcc.edu

**Financial Aid Completion (Senior Families)** Rm: C201 • Sessions: **A&B** Families of seniors, it's time to complete the FAFSA (Free Application for Federal Student Aid) or WASFA. Drop by to get individual help from Financial Aid Reps. To qualify for financial aid, you need to apply!

Suggested audience: Grade 12 Presenter: College Financial Aid Representatives

#### Financing Your Education Room: D204/205 • Sessions: A & B

If you think you can't afford college, think again. Come learn the basics of financial aid programs, planning, and qualifications.

Suggested audience: Grades 9, 10, 11 & 12 Presenter: Gloria Rizo, Senior Associate Director of Financial Aid, gloriar@spu.edu

#### Got Kids? Got Stress? Got Stressed Kids? Room: B226 • Sessions: A & B

Being a teenager is hard. Being the parent of a teenager is hard, too. But it doesn't have to be so stressful. Find out how to help yourself and your kids successfully manage the challenges that go with school, being a teenager, and everything else that gets in the way of their success. By the end of this session, you will have a take-away tool you can use to get more done in less time with less stress.

Suggested audience: Students & parents who are tired of being over whelmed, exhausted, and stressed. Presenter: Lesley Moffat, JHS Director of Bands, International Bestselling Author